

## **Personal Disaster Supplies Kit (review annually)**

- Alarm Clock, battery-operated
- AM/FM Radio, battery-operated or crank
- Cell Phone (with the car charger cable)
- Extra Batteries for Radio/Flashlight (keep in freezer)
- First Aid Kit
- Flashlights, battery-operated or crank
- Lists in plastic bag:
  - Family Physicians (name and phone)
  - Medical Insurance (company and account number)
  - Important Family Information (name and phone)
  - Medical Devices Information (brand, model and
    - serial number of devices such as a pace maker)
- Sturdy container for above (backpack/plastic container)